



## **Welcome to Nation's Finest's Behavioral Health Treatment Center!**

The Behavioral Health Centers ("BHC") were established to provide comprehensive drug and alcohol treatment services, mental health services, and dual-diagnosis services to military veterans in need. The BHC provides services in a group living situation, assisting a limited number of qualified, willing, and motivated individuals. The goal of the BHC is to provide residents with the tools necessary to begin a life of sobriety, clarity, and purpose in a safe environment.

Successful living in any community requires that participants interact in a courteous, cooperative, and respectful way. Nation's Finest provides a support system of multiple resources and specialized programs to assist participants in securing long-term solutions to their specific problems. To provide a safe and secure environment for all participants and staff, each individual must follow a standard of behavior while enrolled in a BHC program. Compliance with minimum standards of behavior and full program participation are necessary for your continued stay at this facility.

### **Program Description**

Nation's Finest offers residential substance abuse treatment, mental health treatment, and recovery maintenance services to motivated homeless veterans who have been determined by standardized assessment and/or history to be appropriate for this level of care.

Nation's Finest's Behavioral Health Centers utilize psychoeducational classes, group counseling, individual therapy and family therapy in order to assist clients in their recovery. Each client is assigned a Case Manager who is responsible for helping the client develop an Individual Treatment Plan (ITP), and providing service coordination.

For clients who are taking medication, there are multiple medication calls each day. Nation's Finest monitors residents who take medication. Nation's Finest does not prescribe, administer, or dispense medications.

Nation's Finest Behavioral Health facilities are staffed 24 hours a day, every day of the year.

Nation's Finest provides basic living necessities, including meals, snacks, linens, shower facilities, toiletries, laundry facilities and supplies, and bus passes for appointments and meetings. Please note, bus passes are provided as available, on a limited basis. Nation's Finest also provides telephones with local service, fax machines, printers, and computers connected to the internet. Basic clothing is available on a limited basis.

Family and friends are allowed to visit during regularly scheduled visitation hours. Visitors must obey all facility rules and cannot be under the influence of any substance.

Nation's Finest makes reasonable accommodations for clients with disabilities, including dietary restrictions, chore modification, and elevators to the living quarters. Disabilities must be documented by a licensed physician.

Nation's Finest employs a phase system of increasing responsibility and privileges based on progress in treatment. Nation's Finest allows limited cell phone usage after the initial treatment phase.

Nation's Finest does not use seclusion or restraint at any time. Privileges can be suspended based on behavior contrary to the safety and welfare of program participants. Specifics of this system are included in client handbooks.

Clients must be homeless veterans with mental health and/or substance abuse issues to be eligible for care. Clients may be discharged from the program for violating the Code of Conduct, poor attendance, consistent refusal to follow program rules, demonstrating medical or mental health needs beyond the scope of the program, deciding to leave voluntarily, or by successfully completing their treatment plan.

Nation's Finest specializes in the special population of homeless veterans. Nation's Finest has served the veteran community for nearly 50 years and has developed a deep understanding of the unique needs of veterans. The program makes accommodations for physical and mental disabilities, with a particular expertise in those related to military service. Nation's Finest staff is specifically trained to work with homeless veterans and employs veterans preference in its hiring processes.

The goals of our residential behavioral health program are:

- To foster an environment of healing in which homeless veterans can recover from substance abuse and/or mental health issues.
- To return veterans to self-sufficiency in the community.
- To accomplish reintegration with family.
- To enhance to the quality of life of our clients.
- To restore and/or improve overall functioning.

These goals/outcomes will be monitored by the BHC Housing Coordinators, Site Directors, and Clinical Coordinators.

**Nation's Finest welcomes interested veterans, family members, and community members to contact us by calling 1-833-468-9676.**